

Environmental Protection Agency PRE / POST DEPLOYMENT EVALUATION

Medical Evaluation Form

Privacy Act Statement

The collection and use of this information is authorized by 5 U.S.C. 7901 (Health Services Programs) and 20 U.S.C 657 (Occupational Health and Safety; Record Keeping). The information will become part of your official Employee Medical File, and will be used to assist Federal Occupational Health in carrying out its occupational health services responsibilities under one or more interagency agreements with our employee agency, and for other official purposes and routine uses as described in Privacy Act systems notice OPM/GOVT-10 (Employee Medical File System Records). Providing the requested information is voluntary. Not providing the information may affect the availability and quality of health services rendered to you, and may also affect the completeness of information used by your agency in making determinations of medically-related employment decisions.

Use ONLY for EPA Employees not currently in a Medical Surveillance Program who are Deployed to Disaster Impact Zone



PRE / POST DEPLOYMENT Medical Evaluation Form



Use ONLY for EPA Employees Deployed to Disaster Impact Zone

Purpose of Pre/Post-Deployment Evaluation

The Pre/Post-Deployment Evaluation targets EPA employees not currently enrolled in an appropriate medical surveillance program AND who may be exposed to hazardous conditions during disaster response efforts. These employees should undergo, as soon as feasible, basic screening to document current health status, work activities or conditions, and work-related illness or injury. Workers who report repeated or prolonged hazardous exposures, injuries, symptoms or, for whom specific risk factors are identified, shall receive more comprehensive screening directed at risk factors, exposures, or adverse health effects encountered. *This is not a respirator medical evaluation*.

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HEALTH CENTER STAMP

How Does This Work?

Pre-Deployment Evaluation

Pre-deployment assessment is designed to update employee immunizations, identify key health problems (that might complicate deployment), and collect baseline health information for comparison post-deployment.

o EPA will distribute this form and provide a list of employees designated for deployment to FOH. Pre-deployment appointments will take ∼30 minutes and can be scheduled by the employee at the designated Health Centers.

• What makes up the Pre-Deployment Evaluation There are 3-steps:

- Step. #1 Employees should complete the form (*Pages 3-9*) prior to their scheduled appointment. Employee sections are color coded and clearly marked ("*EPA employee to complete*"). Using a computer to complete the form will reduce errors, improve legibility, and allow duplicate fields to be populated automatically throughout the form.
- o Step #2. FOH nurse records vital signs, administers immunizations, and conducts indicated procedures.
- In Health units with a Physician or NP, the practioner reviews employee medical history and documents concerns or contraindications for deployment. The Physician or NP should complete the **BLACK** sections entitled "*Pre-Deployment Evaluation*" (Page 4), "*Pre-Deployment Clearance*" (Page 10), and any positive employee responses noted in the "*Medical History*" (Pages 5-8).

In Health units without a Physician or NP, the RN in the health unit will review form for completion of employee responses and forward completed form to the Medical Reviewing Officer (RMO). The RMO will document concerns for contraindications for deployment. The RMO should complete the **BLACK** sections entitled "*Pre-Deployment Evaluation*" (Page 4), "*Pre-Deployment Clearance*" (Page 10), and any positive employee responses noted in the "*Medical History*" (Pages 5-8).

Record keeping

- o In health units with Physicians or NPs, employees will be given a signed copy of their recommendation (*Page9*) at the end of their appointment. The original **Pre-Deployment Form** (*Pages 3-10*) is placed in the medical record and a copy faxed to Joe Lima at 617-565-1471. Joe Lima will notify SHEMP Managers of recommendations.
- o In health units without Physicians or NPs, the original **Pre-Deployment Form** (*Pages 3-10*) is placed in the medical record and a copy faxed to Joe Lima at 617-565-1471. Joe Lima will forward information to the RMO. Joe Lima will notify SHEMP Managers and health units of recommendations.
- Employees are also given the **Post-Deployment Form** (*Pages 11-14*). This form is used by the employee to document exposures during their deployment. Employee updates the Deployment Exposure History (*Page 12*) during his/her deployment. Once employee returns to home station, the employee should complete the Post-Deployment Form (Pages 11-14) and fax it to Joe Lima at 617-565-1471. The employee should save a copy for personal records.

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Nam	e (Last, First):		Date of Birth	n: SS# (### - ## - ####):	Sex	(M/F):	Work l	Phone (###	# - ### - #	\###) :		
Stree	et Address:		Supervisor N	pervisor Name:				Supervisor Phone (#### - ### - ####):				
City:	:	State:	SHEMP Mai	ager:			SHEM	P Manage	r Phone	(### - ### - ####):	
	tion Title: / Br. / Sec.		□ ІМ	se Workgroups do you belon T (Incident Management Tea olic Relations / Community l	nm) / Fiel		nff		Observer 			
2		OYMENT EVALUATION (Pages 5-8) - Nurse shou		o complete) employee positive responses								
	Vital Signs Ht BP	Wt Pulse R		epeat BP (if needed):epeat BP (if needed):		Date:		Nurse (Commen	ts:		
	Td if >	Vaccinations needed for this 10 yr (recommended) itis A (optional) itis B (optional)	s deployment)	Hepatitis A # 0 #		Date: Date:		□ н	ep. A #	Date:#3 Date:		
	If Indicated Se	ervices (Check only if done.	Complete test if em	ployee meets indicated criter	ria)					when completed) y Medical Review	er	
	☐ Spiror	netry (indicated if employee	has adult asthma, S	OB, or COPD)	Ī	Spirometry Actual in li	•	FVC	FEV 1		FEF25-75	
						% Predicte	d					
	Chest	X-ray (indicated if SOB, che	est pain or positive	respiratory history)		Spirometry	Results:	☐ No	rmal	Abnormal	•	
	□ EKG	indicated if SOB, chest pain	, or positive cardia	c history)		Chest X-ra			rmal	☐ Abnormal		
		Panel (indicated if positive ha	istory of metabolic	disease (e.g., diabetes))		EKG Resu			rmal	☐ Abnormal		
<u> </u>						FOH Panel	l :	_ ∐ No	rmal	☐ Abnormal		
(3)	SOCIAL HI	STORY (EPA Employee to	complete)									
nplo	yee Last Name:			Page 3 of 14					Forn	n Revised 15Se	epll	

Pre-Deployment Medical Evaluation FormUse ONLY for EPA Employees Deployed to Disaster Impact Zone

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S MEDIC Vision	CAL HISTORY (EPA Employee to comp		ough information to determine if the reported problem will prevent a	leployment or require work
List Hospitaliz last two y				
List Current M		IT ALIZATIONS (EPA Employe	List Current Medication Allergies:	
D		·	ver	
	Orug Use (Complete question and check all the Vhat is your average alcohol use? (1 drink = 12 oz beer, 1 glass wine, or	drinks per week 1.5 oz liquor)	Nurse Alcohol/Drug Comments (Optional):	
	# of years since you quit	(Former smokers only)		
	" 0 1	Yes Dopks/day	Nurse Smoking Comments (Optional):	
	Never Smoked			

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			limitations			
Frequent headaches?			Vision Comments (Required on all positives)			
Unexplained blurred vision?			Are headaches so frequent or severe that the employee has to limit activity? Do they disrupt vision so the employee could not drive or operate machinery safely? Does the employee know what disease he has or what is causing the problem? Is it mild, moderate, or severe?			
Known eye disease?			Does it prevent him/her from doing routine activities safely (e.g., driving, reading in low light, reading traffic lights)? Are there any residuc			
Difficulty reading?			complications from past eye surgery (halos, can't drive at night, etc.)?			
Colorblindness?						
Do you wear eye glasses?						
Do you wear contacts						
Have you had surgery to correct nearsightedness?						
Hearing	Yes	No	Nurses should be brief but document enough information to determine if the reported problem will prevent deployment or require work limitations.			
Ringing in ear?			Hearing Comments (Required on all positives)			
Difficulty hearing?			Does the employee's problem prevent him from hearing a telephone or warning ("Hey, watch out!")? Hearing aid used? Describe dizzines or balance problems. When does it occur, what brings it on, and how bad is it (does it cause the employee to stop what he/she is doing?) Is			
Dizziness / Balance problems?			there anything that would keep the employee from flying or diving (ear infection?). Is the employee currently exposed to noise hazards at			
Current ear infection / cold?			home or work? Is protection used (25%, 50%, 75,%, or 100% of the time)?			
Are you in a hearing conservation program?						
Do you use hearing protection?						
Heart / Cardiovascular	Yes	No	Nurses should be brief but document enough information to determine if the reported problem will prevent deployment or require work limitations			
Angina (heart pain)?			Heart/Cardiovascular Comments (Required on all positives)			
Irreg. heart beat / palpitations?			Angina / Palpitations: What causes it to occur? What t relieves it? How often does it occur? Does it cause SOB / dizziness / loss of consciousness? Heart Attack: When did it occur? Treatment? Last EST? Limits on exercise or work restriction? Heart Disease: E			
History of heart attack?			thinners?			
Organic heart disease (prosthetic heart valves, heart block, pacemaker, etc.)?						
Past heart surgery?						

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Lungs / Respiratory	A Employe Yes	No	Nurses should be brief but document enough information to determine if the reported problem will prevent deployment or require work limitations.
Asthma?			Lung / Respiratory Comments (Required on all positives)
Bronchitis?			Is the employee's asthma well controlled? When was last hospitalization due to asthma? When was last attack? What triggers attacks? How often does employee use an inhaler? Sinus Infection: When did employee have last infection? How was it treated? Any residual or exposure
Acute / Chronic lung infection?			their physician has advised them to avoid? TB: When diagnosed? How treated? Did they complete treatment? Any current Symptoms?
Allergic sinusitis / rhinitis?			
Collapsed lung?			
Scoliosis (curved spine) with breathing limitations)?			
History of tuberculosis?			
Vascular	Yes	No	Nurses should be brief but document enough information to determine if the reported problem will prevent deployment or require work limitations.
High blood pressure?			Vascular Comments (Required on all positives)
Varicose Veins?			HTN: When diagnosed? On medication? Does he/she take her medication? Is blood pressure well controlled? Varicose Veins: History of blood clots? Leg pain? White Finger? When diagnosed? How often does this occur? How do they control or prevent it? What triggers it
Poor circulation hands/feet?			(cold, vibrating equipment, etc.? CVA/TIA: When it occurred? How treated? Describe residual impairments and limitations (weakness left
White finger (cold/vibration)			leg can't climb ladder/drive car without modifications)?
Stroke / TIA?			
Aneurysm?			
Musculoskeletal	Yes	No	Nurses should be brief but document enough information to determine if the reported problem will prevent deployment or require work limitations.
Amputations?			Musculoskeletal Comments (Required on all positives)
Loss of use of arm/leg/hand?			If they lost limb, what can't they do (e.g., jump, climb, task that require good balance, etc). Chronic conditions should be described as mild, moderate, or severe. Does it prevent the employee from doing any "recreational" or "work" activity? Are there any current activity
Moderate to severe arthritis?			limitations from the employee's physician?
Moderate to severe tendonitis?			
Chronic back pain if associated			
with pain radiating down leg or			
leg weakness? Unstable shoulder / knee/ankle?			

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Yes	No	Nurses should be brief but document enough information to determine if the reported problem will prevent deployment or require work limitations
		Gastrointestinal Comments (Required on all positives)
		For deployments diets cannot be generally well controlled. Employees who need to maintain a strict control of their diet because of their medical condition may not be candidates for deployment. Reflux: Is the condition stable or uncontrolled? Hernia: Type? Has it been
		repaired? Is there a lifting restriction? Bleeding: What caused it? Is it corrected? Last episode? Dizziness/loss of consciousness?
Yes	No	Nurses should be brief but document enough information to determine if the reported problem will prevent deployment or require work limitations.
		Genitourinary Comments (Required on all positives)
		For deployments, access to toilet facilities may not be readily available. Frequency and urgency should be discussed.
Yes	No	Nurses should be brief but document enough information to determine if the reported problem will prevent deployment or require work limitations
		Neurological Comments (Required on all positives)
		Stress with long irregular work hours may exacerbate seizures or migraines. Sz: Type (grand mal?) How frequently to they occur?
		Stress with long irregular work hours may exacerbate seizures or migraines. Sz: Type (grand mal?) How frequently to they occur? Triggers? Insomnia: Cause (situational, environmental, dietary (caffeine)? Has it been evaluated? Daytime sleepiness? Neurologica
		Stress with long irregular work hours may exacerbate seizures or migraines. Sz: Type (grand mal?) How frequently to they occur? Triggers? Insomnia: Cause (situational, environmental, dietary (caffeine)? Has it been evaluated? Daytime sleepiness? Neurologica
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Psychiatric	Yes	No	Nurses should be brief but document enough information to determine if the reported problem will prevent deployment or require work limitations.
Depression			Psychiatric Comments (Required on all positives)
Stress / Anxiety / Panic attacks			Stress with long irregular work hours may exacerbate psychiatric conditions. Is condition well controlled? Last exacerbation? Triggers
Bipolar disorder			
Neurosis / Hysteria (circle one)			
Obsessive/Compulsive disorder			
Hospitalized for psychiatric disease			
Taken medication for treat mental disorder			
ω_{j}	Skin Cano Back Prol		Nurse Physical/Environmental Hx Comments (Required for all positive Hypothermia / Cold Injury
	Lyme Dis Vibration	ease effects	Hyperthermia / Heat Injury Adverse Effects from Confined
☐ Mold/Mildew Allergy ☐ ☐ Chronic Fatigue ☐	Lyme Dis Vibration	ease effects	☐ Hyperthermia / Heat Injury

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PHYSICAL ACTIVTY / EXERCISE HISTORY (EPA Employee to complete)
Intensity (check one): Low Mode Mode
Activity Type: Use ONIking for in Pagemployees Deployed to Disaster Impact Zone
Frequency: days per week Duration: minutes per session
OCCUPATIONAL HISTORY (EPA Employee to complete)
Description of Duties in Current Job:
Functional Activities (Current position): Heavy Lifting (>40lbs)
Usual Exposures (Current position): Check all that apply Dust Fumes Pesticides Gases Confined space Sewage Heavy metal Chemicals Temperature extremes
Previous Adverse Health Effects Possibly Related to the Job? (Describe):
Other Work Performed? (e.g., Moonlighting, hobbies, etc.):
Any Other Exposure to Hazardous Material? (Describe)
Work History:
How long have you been doing this type of work? Years
Have you ever been off work more than a day because of work-related illness/injury (Check one)? No Yes If yes, describe:
Have you ever changed jobs or duties due to health problem? \square No \square Yes If yes, describe:
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Position Title:

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Employee Name (Last, First):

PRE-DEPLOYMENT CLEARANCE (EPA Employee completes)

SSN (### - ## - ####):

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Work Phone (### - ### - ####):

Supervisor Name:	Supervisor Position Title:	Supervisor Phone (#### - ### - ####):	FOR FOH USE ONLY FOH Health Center (Health Ctr. Stamp)
	Div. / Br. / Sec.		
SHEMP Manager Name:	SHEMP Manager Phone (#### - ### - ####):	SHEMP Manager FAX (#### - ### - ####):	
SHEMP Manager Address (RM #	s, Street, City, State):		
NOTE: This clearance page is a form.	sent to your SHEMP Manager. M	Iake sure your SHEMP Manager's Fax	OR mailing address is included on this
Pre-Deployment Medical	Clearance Statement (FOH Nurse	or Medical Reviewer completes)	
In my opinion, the above of	employee is:		
☐ DEFERED. Furtl	ner evaluation, as described below, Y QUALIFIED for deployment	rders (Expires one year from review date) is needed before a deployment decision o	an be made.
Recommended Lin	mitations or Evaluation needed		
The employer sho	uld call the Health Center (see abo	ve contact information) if they want to co	omplete the recommended evaluation.
Nursing / Medical Provider Sign Printed Name:	ature:		
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Employee Last Name:			Form Revised 15Sep11

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Post-Deployment Form Starts Here

- Employee should use this portion of the form to track exposures during their deployment
- Once you return to your home base, complete any missing information and fax this post-deployment form to Joe Lima at 617-565-1471. Keep & file copy for your records.
 - O Your record will be reviewed and filed for future reference.
 - o If you developed significant problems during your deployment, you will receive a follow-up call.

Contact Information:

Joseph Lima
Account Manager Assistant
Federal Occupational Health
JFK Building, Room E-110
25 New Sudbury Street
Government Center
Boston, MA 02203
617-565-3062 (Voice)
617-565-1471 (Fax)

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Employee Last Name:

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me (Last, Fir	st):		Date of Birth:	SS# (### - ## - ####):	Sex (M/F) :	Work Phone (#	## - ### - ####):			
reet Address:			Supervisor Nan	ne:	Supervisor Phone (#### - #### - ####):					
ity:	State:		SHEMP Manag	ger:	SHEMP Manag	SHEMP Manager Phone (### - ### - ####):				
Position Title:			Which of these Workgroups do you belong:							
— Div. / Br. / Sec.			 ☐ IMT (Incident Management Team) / Field Office Staff ☐ Public Relations / Community Involvement ☐ Other							
	EPLOYMENT EXI	Constant Control Contr	XXXIII II AND		N. I. C.I.		C. C.			
Use this fo	rm to track your duty ass Site:	ignments and p		e during your deployment. Specific Chemical and	Exposure	Level of PPE	Symptoms	Job Duties		
		# Day Inclusive dat		Physical Factors Chemicals at site, if known	Low - High	Level A/B/C/D None	from Exposure			
S A M P L L										
1										
2										
3										
4										
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#1 Did your health change during this deployment? Health stayed about the same Health got worse #2 How many times were you seen for medical evaluation during this deployment? times	#6	Do you have any of these symptoms now, or did you develop them anytime during this deployment? Chronic Cough Runny nose Difficulty breathing Back pain Headaches Muscle aches Chest pain Rash/Skin disease Ringing in ears Still tired after sleeping Dimming of vision Dizziness/fainting Difficulty remembering Anger/Irritability Vomiting/Diarrhea Frequent indigestion Swollen stiff / painful joints Numbness/tingling hands
Did you have to spend one or more nights in a hospital as a patient during this deployment? No Yes, Reason / Dates	#7	During his deployment did you ever feel that you were in danger? No Yes, Reason / Dates
Did you receive any vaccinations just before or during this deployment? No Yes, Reason / Date	#8	Are you currently interested in receiving help for stress, emotional alcohol or family problems? No Yes, Reason / Dates
While you were deployed were you exposed to (circle all that apply) Y=Yes, N=No, NC=Not Certain: Y N NC Chemicals Y N NC Fatigue Y N NC Traumatic Incident Stress Y N NC PPE Y N NC Heat Stress Y N NC Solvents Y N NC Ultraviolet Radiation Y N NC Sand/dust Y N NC Petroleum Products Y N NC Dispersants Y N NC Odors	#9	Did you experience anything during this deployment that was so upsetting that you: Are having nightmares? Avoiding situations that remind you of it Are constantly watchful or easily startled Feel numb or detached from others.
Medical Reviewer Notes:		
ployee Last Name:	Page	13 of 14 Form Revised 15Sep11

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##): FOH Health Center (Health Ctr. Stamp)
r FAX
<i>##</i>):
IP Manager's Fax OR mailing address is included on
As a result of this information:
peen filed in the medical record.
ed to evaluate a possible work-related exposure.
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ance if arranging the recommended evaluation. Review Date:
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